

RAHUL MODEL SR. SEC. PUBLIC SCHOOL

Recognised Senior Secondary & Affiliated to CBSE

Railway Road, Sadh Nagar-II, Palam Colony, New Delhi

WINTER BREAK HOLIDAY HOMEWORK (2024 – 2025)

REVISION FOR PT 3

CLASS – VIII

SUBJECT – MATHS

Instructions: -

1. Do all the revisions in their related subjects notebooks.
 2. Do every revision on separate pages with their dates.
 3. Learn all these revision sheets.
- Do lab manual activity 10 => 9,10, 13, 14, 15, 17.
 - Practice unit 10 and 12
 - Project => Application of Percentage

REVISION – 1

Q1 Fill in the blanks:

1. Amount = _____ + S.I
2. C.I = _____
3. If the principal is double at $r\%$ p.a in t years the S.I = _____ as the principal.
4. Distance travelled by a car varies _____ with the speed of the car.
5. Two quantities a and b are said to be in inverse proportion if _____.

Q2 Find the amount and compound interest on a sum of ₹15000 at 6% per annum for 3 years compounded annually.

Q3 Find the time required for ₹ 15625 to become ₹ 17576 at 4% per annum compounded annually.

Q4 In how many years will ₹ 15625 amount to ₹ 19683 at 8% p.a. compounded annually.

Q5 Find the price at a mobile phone depreciates at a rate of 6% every year if its current cost is ₹ 16000. What will be its price after 3 years?

REVISION – 2

Q1 Convert the ratio into simple form.

- A) 28m to 56m
- B) 1 hours 30 minutes to 60 minutes

Q2 Find the value of x

- A) $2 : X :: 14 : 49$
- B) $9 : 27 :: 2 : 4X + 2$

Q3 If p varies directly as q and $p=8$ when $q = 3$. Find p when $q=54$.

Q4 Find the missing quantities if x and y are directly variation.

A	28	56		
B	7		3.5	28

Q5 Find the missing number if x and y are inverse variation.

A	2	3		
B	24		12	8

Q6 If x varies inversely as y and $x = 1/2$ when $y = 18$ find x when $y = 6$.

Q7 Puja can read a book in 2.5 hours. How much time will she take to read 8 books?

Q8 20 men can dig a well in 8 days. How many days will it take 16 men to dig the same well.

REVISION – 3

Q 1 P and Q together can build a room in 60 days. If p is twice as good as Q. In how many days will P alone finish the work?

Q2 A man drives at a speed of 45 km/h how much time does he take to complete the journey of 225 km?

Q3 A train running at a speed of 40 km/h is passing a bridge of length of the train is 320m how much time it will take to fill the tank?

Q4 Fill ups:

- A) Amount formula for C.I = _____
- B) The period at the end of which the interest is compound is called _____.
- C) Area of kite = _____
- D) Area of parallelogram = _____
- E) Area of triangle = _____

REVISION – 4

Q1 Find the area of the following

- A) Rectangle if $l = 16\text{cm}$ $b = 10.5\text{cm}$
- B) Square if side = 35cm

Q2 The area of rectangle is 210 cm^2 . If breadth of the rectangle is 12cm the what is the length of rectangle?

Q3 Calculate the area of equilateral triangle having side 24 cm.

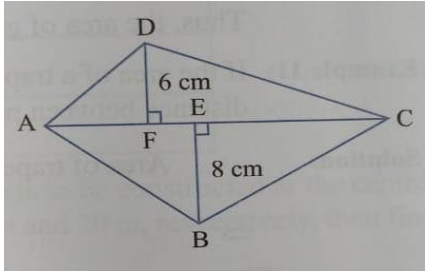
Q4 The area of square is 529m^2 what is the length of side?

Q5 What will be the height of a triangle where area is 350cm^2 and base is 35cm.

Q6 If the area of equilateral triangle is $36\sqrt{3}\text{cm}^2$ what is the side of the triangle?

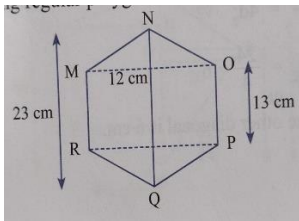
Q7 If the area of a rhombus is $128m^2$ and length of one of its diagonal is 20m then what is the length of another diagonal?

Q8 Find the area of given quadrilateral if the diagonal AC is 18cm?

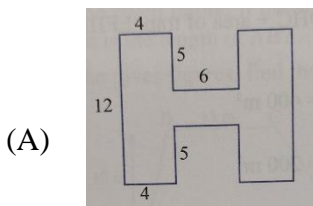


REVISION – 5

Q1 Calculate the area of the following Polygram.



Q2 Calculate the area of following figure.



(B)



Q3 Fill ups:

- A simple closed curve made of only line segment is called _____.
- If base=14 area of triangle = 63 find height?
- If base= 23 area of parallelogram=782 find height?
- A square is also a rhombus in which both diagonal are _____.

Social Science: -

- Make an attractive project file on the topic “Agriculture” containing the following contents using pictures and maps.
 - Agriculture – a primary Activity
 - Types of economic activity
 - Types of agriculture
 - Major crops grown in India

2. Learn the following lessons: -

History = Lesson- 7 Women and caste reforms

Geography = Lesson- 4 Industries

Civics = Lesson- 7 Constitutional Protection to Marginalised Section

Lesson- 8 Public Conveniences and the role of Government

REVISION – 1

Q 1 Answer the following in one word.

- who wrote the book name Ghulam Giri?
- A law against sati could be passed as a result of the continuous efforts of which social reformer?
- who founded the Ramkrishna Mission?
- name the important centre of iron and steel industry in USA?
- Which city is known as the Manchester of India?
- who founded satyashodhak Samaj?

Q 2 Give reasons.

- Why is it important to conserve resources like water and electricity?
- Why it is important for the government to provide sanitation facilities to its citizen?

REVISION – 2

Q 1 Picture based questions.



- Identify and name the person.
 - Which organisation did she established?
 - What did she fight for her entire life?



- Identify the picture based.
 - On size and ownership which type of industry is there in Jamshedpur?
 - what raw materials are required for the industry?

- d. who owns TISCO?
- e. why is it located near the coalfields?

REVISION – 3

Q 1 Given statements are false rewrite them by making correct statement.

- a. Mahatma Gandhi founded the all India depressed classes Federation.
- b. Raja Ram Mohan Roy founded the Prarthana Samaj.
- c. The weekly magazine book Nayak was started by Mahatma Gandhi.
- d. The constitution of India is silent on the question of untouchability.
- e. Secondary education has been made free and compulsory in India.
- f. In India everybody has access to clean drinking water.

Q 2 Assertion and Reason Based.

statement A - is an assertion and statement B is the reason read the statement carefully and choose the correct option.

statement A- even after the modern means of transport and other facilities the availability of raw materials and energy resource is still the determining factor of industrial localization.

statement B- recent advancement in the field of communication and information technology have become the game changer now. They are helping Entrepreneurs to established their Industries as per their choice everywhere.

- 1. A and B both are correct.
- 2. A is correct B is not correct.
- 3. A and B both are correct but b is not the correct explanation of A.
- 4. A and B both are correct and A is the correct explanation of A.

REVISION – 4

Q 1 Map Work

-On the map of India Mark the following places.

- a. Two places where iron and steel industry found.
- b. Two places where textile industries found.
- c. Two major Information Technology industry found.

REVISION – 5

Q 1 Define the Following terms.

- (a) infrastructure
- (b) crusader
- (c) smelting
- (d) forest based industries
- (e) inauspicious

Q 2 Match the Following and choose the correct option.

Coloumn A	Coloumn B
1. Bengaluru	a. Brahma Sabha
2. Raja Rammohan Rai	b. bethune School
3. Article 17	c. Silicon Valley
4. Ishwar Chandra Vidyasagar	d. abolished untouchability

- i. c,a,d,b
- ii. a,c,b,d
- iii. d,a,b,c
- iv. b,a,c,d

English:-

1. 3D project

- Roll no. 1 to 7 (Parts of speech)
- Sentences structures Roll no. 8 to 15
- Tenses Roll no. 16 to 23
- Determiners Model Roll no. 24 to 31
- Adjectives Roll no. 32 to 38

2. Work book => Ch-6 and 7 all the activities

REVISION – 1

Q1. Reference to context:

1. They build a Nations pillars Deep

And lift them to the sky.

a. Who is 'they' in the above lines?

b. How are the Nations pillars built Deep?

f. The teacher said, "The French Revolution took place in 1789."

2. Is it the sword? Ask the red dust

Office empires passed away;

a. Why is the 'red' dust?

b. What do you understand by the empires passed away?

3. Brave men who work while others sleep, Who dare while others fly....

a. Who are the brave men mentioned here?

b. What do you understand by 'others fly'?

a. I ___ cook dinner for everyone tonight. (can/could)

4. I met a traveller from an Antique land

Who said: to vast and trunkless legs of stone stand in the desert.

a. What had he seen there?

b. What part of it still stood?

Q2. Read the following sentences and change them into reported speech:

a. Jon said, "I like to play rugby."

b. My mother said, "I get up early every morning."

c. The maths teacher said, "Three divided by three is one."

d. Mohit said, "Switzerland is a very beautiful country."

e. Ruben said, "It is very cold outside."

g. Uma said, "I saw a Royal Bengal Tiger in the zoo."

h. Aswini said to her mother, "I have passed the test".

i. Daphne said to Antony, "I will go to London tomorrow."

j. The man shouted, "Let me go."

Q3. Fill in the gaps using appropriate models:

b. ___ you lend me your car for the weekend? (could/may)

c. The boss ___ ask you to work overtime today. (might/will)

d. According to the forecast, it ___ rain later this evening. (might/should)

e. If John doesn't study, he ___ fail his test. (may/might)

f. Everyone ___ obey the law. (must/should)

g. It ___ be challenging to learn a new language. (can/must)

h. My dad ___ get angry if I come home late. (will/might)

i. We ___ respect our elders. (should/could)

j. I ___ go to the gym later. (will/can)

k. You ___ arrive on time for the meeting. (should/must)

l. Everyone ___ pay their taxes. (must/should)

m. ___ you guide me to the nearest station? m.(can/might)

n. The patient ___ be taken to the hospital right away. (must/may)

o. ___ we order pizza tonight? (shall/will)

REVISION – 2

Q1. Identify the noun clauses in the following sentences.

1. I wondered what he was doing there.
2. He replied that he would come.
3. She asked if I could help her.
4. That honesty is the best policy is a well-known fact.
5. I expected that I would get the first prize.
6. Do you know why he is late?
7. I don't know what he wants.
8. Pay careful attention to what I am going to say.
9. That she should forget me so quickly hurts me.
10. That you should behave like this is strange.

Q2. Read the passage and fill in the blanks with appropriate determiners.

Once upon ___ time, there lived ___ king who was known for ___ judgements. One day ___ women came holding ___ baby, and both claimed they were ___ mothers. Both women were crying hard for ___ baby, and ___ king was finding it difficult to believe who was saying ___ truth. So ___ king asked ___ guards to cut ___ baby in half and give ___ half to both ___ women. ___ woman who was holding ___ baby accepted ___ decision whereas ___ other woman started begging ___ king to give ___ baby to the other woman. Seeing ____, the king immediately understood who ___ real mother was. The king said that ___ real mother would never let ___ harm befall on ___ child, and that is why the second woman asked to give away the child to the first woman. She did not want any harm on ___ child and would rather give the baby away to someone else. Finally ___ king gave ___ baby to ___ real mother.

Q3. Write a unified paragraph on 'technology' in 120 to 150 words.

REVISION – 3

Q1. Answer the following questions:

- a. What message does the story convey (Mrs Packletide's tiger)?
- b. What did Manekshaw mean when he said "The Chinese aren't 10 feet tall"?
- c. Why did Mrs Packletide want to shoot a tiger?
- d. Why does the poet feel that the Nations strength does not lie in the sword?
- e. Which of the scientific gadgets that the author imagined while writing the story (130 years ago) are there in our lives today? What do we call them and how are they similar to the gadgets described in the story?

- f. What had replaced domestic cooking?
- g. What was the reporter's room like?
- h. Make a comment on the level of precision in Science and technology that had been reached in the year 2889?
- I. Describe the expression on the face of the statue but does it reflect about the nature of ozymandias?
- j. Who was Yahya khan? why did some sale his bike to Yahya?

Q2. Fill in the blanks with appropriate preposition:

- a. The police officer is ___ the station. (at/on)
- b. The Sun will not rise ___ 6 o'clock. (before/since)
- c. I know Jack ___ he was a little boy. (for/since)
- d. Priya's house is ___ mine. (next to/after)
- e. The opponents sat _____ to each other. (opposite/behind)
- f. The scientist looked _____ the microscope. (through/in)
- g. I met Suhani when I was ___ college. (in/on)
- h. I will have completed my task ___ Friday. (till/by)
- i. There's a rift ___ these two kids. (between/among)
- j. The soldiers are ___ war. (in/at)

REVISION – 4

Q1. Complete the Conditional Sentences. Decide whether to use Type I, II or III.

- ☆ If I had time, I _____ shopping with you.
- ☆ If you _____ English, you will get along with them perfectly.
- ☆ If they had gone for a walk, they _____ the lights off.
- ☆ My friend _____ me at the station if he gets the afternoon off.
- ☆ If she _____ to see us, we will go to the zoo.
- ☆ I would have told you, if I _____ him.
- ☆ Would you mind if I _____ the window?
- ☆ If they _____ me, I wouldn't have said no.
- ☆ If I _____ it, nobody would do it.

☆ If my father _____ me up, I'll take the bus home. Q2. Go through the following sentences and identify what type of conditional sentences they are:

- ☆ If nobody understood you, you could leave.

- ☆ If you do not follow the traffic rules, you will be punished.
- ☆ If I had magical powers, I could change the world.
- ☆ If you eat fast food every day, you get sick.
- ☆ If they stay indoors, they will not become sick.
- ☆ If I were a bird, I would happily fly around the world.

REVISION – 5

Q1. Change the tenses as the following directed:

- a. What had you done? (Change to present perfect)
- b. He has not been studying lately. (Change to past perfect continuous)
- c. She will have been practicing for an hour. (Change to past perfect continuous)
- d. Are the late for the meeting?(Change to simple future)
- e. They are staying in the hotel. (Change to future continuous)
- f. The train has been running non stop for 2 days.(Change to future perfect continuous)
- g. She sing beautifully. (Change toPast simple tense)
- h. He is playing football right now. (Change to past perfect continuous)
- I. She will have completed her project by next week (change to present simple tense)
- j. He is riding a horse. (Change to future continuous)

Q2. Write an Anecdote about an encounter of a thief. You may use your experience and write about an real encounter or you may write about an imaginary experience.

Science: -

1. Make a project report on the topic “Major Earthquake in India in last 10 years.

Topics of project report

- Area most effected in these years
- Epicenter of earthquake
- Extent of destruction caused by earthquake
- Rescue operations and help provided by government NGO for the victims of the earthquake.

OR

Make a project report on “Male and Female Ratio in different states in India”

Topics of report.

- States in which the ratio of males is greater than females.
- States where male and female ratio is equal.
- States to aware people on gender equality that is important for development of nation.

2. Prepare the lesson

- Reproduction
- Reaching the age of Adolescence for class assessments.

REVISION – 1

A-Multiple choice questions-

1. In human males the testes lie in the scrotal sacs outside the body, because it helps in –

- a. process of mating
- b .formation of sperms
- c. easy transfer of sperms
- d. all of these

2. Identify which of the following is not a part of human reproductive system-

- a. orary
- b .uterus
- c. pancreas
- d. none of these

3.....is not an oriparous-

- a. Snake
- b. fish
- b. Rat
- d. frog

4. Identify the animal that does not show metamorphosis-

- a. silk moth
- b. mosquito
- c. frog
- d.fish

5. Identify the animal that is not viviparous-

- a. cat
- b. rat
- c. lizard
- d. rabbit

6. The production of exact copy of an animal by aserwal reproduction is called-

- a. hatching
- b. cloning
- c. Mating
- d. budding

7. Fertilization results in the immediate formation of –

- a. zygote
- b. embryo
- c. placenta
- d.foetus

B. Name the following-

- a) The other name of sex cell
- b) Organs which produce sperms in humans
- c) The female reproductive organ where embryo gets embalmed
- d)The female gamilts in humans
- e)Type of fertilization that takesa plkace in hen

REVISION – 2

Q 1 What is the composition of air?

Q 2 Explain the sources of air pollution.

Q 3 Write and explain any three harmful effects of air pollution.

Q 4 Mention any three ways to reduce air pollution.

Q 5 Difference between

- Clean and contaminated water.

Q 6 Write the different methods of purifying of water.

Q 7 Name the following: -

- Water that is fit for drinking purpose.
- Gas present in atmosphere responsible for global warming.
- Disease caused by drinking polluted water containing sewage.
- Toxic metal whose compounds are present in industrial waste.

REVISION – 3

Q 1 Multiple choice questions: -

- Which of the following is not a greenhouse gas?
 (a) Carbon dioxide (b) Nitrogen dioxide (c) Methane (d) Nitrogen
- The Kyoto protocol is associated with one of the following. The correct answer is
 (a) Reduction in the use of chloro fluoro carbon.
 (b) Reduction in the emission of greenhouse gases.
 (c) Reduction in the cutting of forest trees.
 (d) Reduction in pollution of fresh water sources.
- Which of the following air pollutants is capable of preventing photosynthesis in plant?
 (a) CFC (b) Nitrogen oxides (c) Dust (d) Carbon monoxide
- Which of the following will reach the earth in greater amount of EFC released units the air increases.
 (a) Infrared rays (b) X – rays (c) Gamma rays (d) Ultraviolet rays

Q 2 What happens in the female body when the :-

- eggs get fertilized
- when egg does not get fertilized

Q 3 Difference between: -

- Menarche and Menopause
- Fertilization and Gestation
- Sperm and Ovum

Q 4 Explain the importance of reproduction in animals.

Q 5 What are sex hormones? Why are they named so? State their function.

REVISION – 4

1. Complete the following tabular columns of the Endocrine glands-

Gland	Location	Hormones secreted	Functions
1.....	At the base of throat	Lack of thyronine causes Goitre
2. Adrenal gland	Controls blood pressure
3.....	Near the liver	Insulin
4. Ovaries	Estrogen

2.a) Iodised salt recommended for consumption in case of humans justify?

b) What are sex chromosomes? Why are they named so?

3.a) Name the two types of hormones that show influence adolescence in boys and girls?

REVISION – 5

1. What is the term used for secretions of endocrine glands responsible for changes taking place in the body?
2. Why a diabetic patient is advised to take insulin injection?
3. Larrairie in mosquito are called wrigglers Justify?
4. How does chlorination helps in purification of water?
5. Answer in one word-
 - a) Endocrine gland attached to the brain
 - b) Glands without ducts
 - c) Protruding voice bar in boys
 - d) Term for changes at adolescence
 - e) Another term for teenage

विषय – हिन्दी

1. परियोजना कार्य— भारतीय गाँव का सचित्र वर्णन करते हुए बताइए कि लोग गाँव से शहर की ओर पलायन क्यों कर रहे हैं? ए-4 शीट पर
नोट— सामयिक परीक्षा—तृतीय के लिए दिए गए पाठ्यक्रम की दोहराई करें।

पुनरावृत्ति – 1

प्र-1 निम्नलिखित पदबंध आधारित प्रश्नों के उत्तर दीजिए—

1. पदबंध किसे कहते हैं? ये कितने प्रकार के होते हैं?
2. मीनाक्षी गीत गुनगुनाते हुए काम करती हैं। (रेखांकित पदबंध का प्रकार बताएं)
3. क्रियाविशेषण पदबंध का उदाहरण लिखिए।
4. पद की परिभाषा लिखिए।
5. सृष्टि चित्र बना रही है। (रेखांकित पदबंध का प्रकार बताइए)

प-2 निम्नलिखित प्रश्नों के उत्तर निर्देशानुसार दीजिए—

1. भाववाच्य में _____ क्रिया का प्रयोग होता है।
2. कर्मवाच्य में क्रिया के लिंग वचन _____ के अनुसार होते हैं।
3. भाववाच्य में क्रिया सदैव अन्य पुरुष _____ तथा _____ होती है।
4. कर्मवाच्य में क्रिया _____ होती है।
5. कर्तृवाच्य में _____ क्रियाओं का प्रयोग होता है।

प्र-3 वाच्य – परिवर्तन कीजिए—

1. हम नानी के घर जाएंगे।
2. सुधा ल नहीं सकती।
3. इंटरनेट ने हमारी दुनिया को बदल डाला है।
4. अब तुम सो सकते हो।
5. पिता जी गाड़ी का पहिया बदल रहे हैं।
6. तैराक के द्वारा पानी में छल्लोंग लगा दी गई।

7. संभव से तेज नहीं दौड़ा गया।

प्र-4 निम्नलिखित वाक्यों को शुद्ध करके लिखिए—

1. अभी तो आठ ही बजा है।
2. खरगोश को काटकर गाजर खिलाओ।
3. वह शायद से आज आएगा।
4. एक गिलास से भरा दूध लाओ।
5. उसके मुँह से फूल गिरते हैं।

प्र-5 निम्नलिखित शब्दों की वर्तनो शुद्ध कीजिए—

1. स्वास्थ्य
2. शक्ती
3. कृपालू
4. उज्ज्वल
5. सन्सार
6. केद्रिय
7. ब्राम्हण

पुनरावृत्ति – 2

प्र-1 निम्नलिखित प्रश्नों के उत्तर संक्षिप्त में दीजिए—

1. नन्हें दीपक ने क्या इच्छा प्रकट की हैं?
2. तमस पर किसका आघात होने की बात की हैं?
3. जान ऑफ आर्क ने क्या किया था?
4. मंसूर ने अपनी मौज में आकर क्या कहा था?
5. लेखक के अनुसार समय बचाने के लिए क्या करना चाहिए?

प्र-2 निम्नलिखित वाक्य किसने किससे कहे—

1. "कपड़ों में अब जान ही कहीं हैं, जो मरम्मत करूँ।"
2. मेरी मानो तो रोग न पालो।
3. मैं तुम्हें अभी जान से मार डालूँगा।
4. "आल्पस हैं ही नहीं।"
5. "अरे भाई, मामला क्या हैं? पत्नी से झगड़ा तो नहीं हो गया?"

प्र-3 शीर्षक 'सच्ची वीरता' के आधार पर निम्नलिखित प्रश्नों के उत्तर दीजिए—

1. फॉसी पर किसे चढ़ाने की बात की गई हैं?
2. टीन के बरतन का स्वभाव कैसा होता हैं?
3. नेपोलियन ने फौज का उत्साह कैसे बढ़ाया?

प्र-4 शीर्षक 'ज्योति का जयनाद' के आधार पर प्रश्नों के उत्तर दीजिए—

1. दीपक का उत्सर्ग क्यों वंदनीय है?
2. अंधकार का भ्रम किसने तोड़ा?
3. कवि ने सूर्य से क्या कहा?

प्र-5 शीर्षक 'साइकिल की सवारी' के आधार पर उत्तर दीजिए—

1. लेखक ने कपड़ों की मरम्मत क्यों करवाई?
2. लेखक को उस्ताद की क्यों आवश्यकता थी?
3. लेखक ने साइकिल कहीं सीखने का निश्चय किया?

पुनरावृत्ति – 3

प्र-1 निम्नलिखित प्रश्नों के उत्तर दीजिए—

1. लेखक ने किस प्रकार धन कमाने की योजना बनाई?
2. वीरता कब चिरस्थायी होती है और क्यों?
3. दीपक की यात्रा से कवि को क्या महसूस हुआ?
4. कवि की इच्छा दीपक बनने की क्यों है?
5. बागी गुलाम और बादशाह की क्या बातचीत हुई?
6. लेखक ने साइकिल सीखकर भी साइकिल चलानी क्यों छोड़ दी?

प्र-2 आशय स्पष्ट करो—

1. जान पर जो खेल जाए और हँसकर जान दे दे
आइए उस दीप के उत्सर्ग को सम्मान दे दे—
2. वीरों को बनाने के कारखाने कायम नहीं हो सकते। वे देवदार के वृक्षों की तरह होते हैं।
3. वीर तो यह समझता है कि मनुष्य का जीवन जरा सी चीज है, वह सिर्फ एक बार के लिए काफी है।

प्र-3 तर्क के आधार पर उत्तर दीजिए—

1. टीन के बरतन का स्वभाव कैसा होता है? क्या वीर परुषों में भी यही गुण होता है— तर्क सहित उत्तर दीजिए।
2. यदि लेखक साइकिल चलाना अच्छे से सीख जाते तो उनके जीवन में क्या परिवर्तन होते।
3. अपने जीवन संग्राम को लड़ने के लिए दीपक की भाँति कौन से हथियार की आवश्यकता है?

पुनरावृत्ति - 4

प्र-1 नगर निगम के अधिकारी को अपने क्षेत्र में सफाई की समुचित व्यवस्था करवाने हेतु पत्र लिखिए।

प्र-2 पिताजी को परीक्षाओं की तैयारी के विषय में बताते हुए पत्र लिखिए।

प्र-3 पृष्ठ संख्या - 191 पर अपठित काव्यांश अपनी कॉपी में करे।

पुनरावृत्ति - 5

प्र-1 निम्नलिखित गद्यांश को पढ़कर पूछे गए प्रश्नों के उत्तर का उचित विकल्प चुनिए—

मनुष्य जन्म से ही अहंकार का इतना विशाल बोझ लेकर आता है कि उसकी दृष्टि सदैव दूसरों की बुराइयों पर टिकती है। दूसरों की उन्नति को वह अपनी ईर्ष्या के वशीभूत होकर पचा नहीं पाता और उसके गुणों को अनदेखा करके केवल दोषों और दुर्गुणों को ही प्रचारित करने लगता है। इस प्रक्रिया में वह इस तथ्य को भी विस्मृत कर बैठता है कि ईर्ष्या का दाहक स्वरूप स्वयं उसके समय स्वास्थ्य और सद्वृत्तियों के लिए विनाशकारी सिद्ध हो रहा है। चूंकि शरीर के सारी अंग मन के अनुसार संचालित होते हैं इसलिए मन का प्रबल होना आवश्यक है। कहावत है मन चंगा तो कटौती में गंगा। मन स्वस्थ है तो शरीर स्वस्थ है। मन कैसे स्वस्थ रहे, कैसे प्रबल रहे, इसके लिए हमें कुछ बातों का ध्यान रखना होगा। यदि हम दिन में 10 मिनट भी ध्यान करेंगे तो मन स्थिर होता चला जाएगा। यह स्थिरता ही प्रबलता है। याद रखे, ध्यान पहले दिन से ही नहीं लगता है। जैसे-जैसे ध्यान लगता जाएगा मन दृढ़ होता जाएगा। शरीर में नई उर्जा का संचार शुरू हो जाएगा।

1. अहंकार के कारण मनुष्य पर क्या प्रभाव पड़ता है?

क- वह अपने को सर्वश्रेष्ठ समझता है

ख- उसकी बात सभी मानते हैं

ग- वह दूसरों के दोष देखता रहता है।

घ- वह अपने गुणों का बखान करता है

2. दूसरों की उन्नति को मनुष्य क्यों नहीं देखना चाहता?

- क- स्वयं धनवान होने के कारण
ख- अपने बड़प्पन के कारण
ग- स्वयं गुणी होने के कारण
घ- ईर्ष्या भाव के कारण

3. स्वास्थ्य और सदाचार नष्ट हो जाते हैं
क- ईर्ष्या के वश में होने पर
ख- क्रोध के वश में होने पर
ग- स्वास्थ्य के नियमों का पालन न करने पर
घ- अनैतिक कार्य करने पर

4. कथन (A) और कारण (R) को पढ़कर उपयुक्त विकल्प चुनिए
कथन (A) मन का प्रबल होना अति आवश्यक है।
कारण (R) शरीर के सारे अंग मन के अनुसार संचालित होते हैं।
क- कथन (A) सही है, किंतु कारण (R) गलत है।
ख- कथन (A) सही है, किंतु कारण (R) कथन (A) की सही व्याख्या नहीं है।
ग- कथन (A) गलत है किंतु कारण (R) सही है।
घ - कथन (A) सही है और कारण (R) कथन (A) की सही व्याख्या है।

प्र-2 निम्नलिखित प्रश्नों के उत्तर निर्देशानुसार दीजिए-

- मेरी खोई हुई घड़ी अचानक घर में मिल गई। - रेखांकित पदबंध का प्रकार बताइए।
- सर्वनाम पदबंध का उदाहरण लिखिए।
- कर्मवाच्य में कौन सी क्रिया का प्रयोग होता है?
- तुम तुम्हारे भाई का नाम बताओ- वाक्य को शुद्ध करके लिखो।
- संसारिक और त्योंहार शब्दों को शुद्ध करके लिखिए।
- आज मोहन ने जल्दी-जल्दी पुस्तक पढ़ी। - कर्मवाच्य में बदलिए।
- बच्चों से शांत नहीं रहा जाता। - कर्तृवाच्य में बदलिए।

प्र-3 निम्नलिखित प्रश्नों के उत्तर दीजिए-

- वीरता की अभिव्यक्ति के माध्यम क्या-क्या हैं?
- लेखक ने पाठ सच्ची वीरता में किन-किन सच्चे वीरों के उदाहरण दिए हैं?
- संकल्प से कौन सी शक्ति पैदा होती है? इससे हम क्या पा सकते हैं?
- लेखक की पत्नी ने उन्हें साइकिल सीखने से मना क्यों कर दिया?
- लेखक ने साइकिल सीखने के लिए क्या योजना बनाई?

विषय - संस्कृत

1. परियोजना कार्य-

क- इकारान्तः (पुल्लिंगम्) शब्द- मुनि एवं उकारान्तः (पुल्लिंगम्) शब्द- साधु- शब्द रूप ए-4 साइज पेज पर लिखे।

ख- स्था तथा भू धातु के लृट्, लङ् लकारः रूप ए-4 साइज पेज पर लिख तथा याद करे।

2. प्रतिदर्श प्रश्न पत्रम्-2 पृष्ठ संख्या 142,143,144 हल करे।

3. 1 से 100 संख्याबोध कार्यपुस्तिका में लिखकर याद करे।